

SAFE CONVERSATIONS: Working in Partnership with Women who have Traumatic Histories and Lives

– a 2-day training course

Background

This course was developed in response to requests from direct care staff for training that would help them feel more confident in talking to women patients and clients about their lives. Training that would address their anxieties about 'taking the lid off the can of worms'.

Who is it for?

Staff who have a basic understanding of the effects of gender and other inequalities on women's mental health, including those who have completed our 3-day training course "Working with Women with Mental Health Needs".

Aims & Objectives

To support gender informed practice in direct care staff working with women who have mental health needs, to increase:

- Their confidence in working with women clients/patients who have experienced violence and abuse.
- The basic analytical skills and practical competencies they need to work in partnership with women who are struggling to survive trauma in their past and present lives
- To familiarize participants with ways they can support a woman in her efforts to stay safe and survive psychologically

Outline

The course has places for up to 16 participants and is provided at the venue of your choice. The day normally begins at 9.30 am and finishes at 4.30pm, with a break for lunch between 12.30 and 1.30pm.

Programme

This 2-day course has four linked modules, with reading materials and resources to support and extend the training:

1. Inequality, Trauma and Mental Health
2. Adapting to Survive
3. Risk and Safety
4. Good Practice

Training Methods

These include: short presentations of information supported by handouts; opportunities for participants to draw upon their own lives and experiences; analysis of video extracts; paired and small group work; and large group discussions.

About the Trainers

Courses are delivered by accredited members of the Inequality Agenda Trainers' Network, experts in the field who ensure that our programmes really work. Our trainers all have up-to-date knowledge of research, policy and practice.

Costs

This 2-day course costs £3,200 + VAT. This includes all expenses, course materials, certificates for participants and an 'immediate impact' evaluation report for service managers.