

# WORKING WITH MEN WITH MENTAL HEALTH NEEDS

## - 3-day training course -

### Background

Inequality Agenda [www.inequalityagenda.co.uk](http://www.inequalityagenda.co.uk) supports gender informed practice in services for people who have mental health needs. Our on-site training courses have mainly focused on the training needs of staff who work with women, but that is changing. We are now offering this new course which has men as the focus.

### Who is it for?

This course is specially designed for staff working with men who have mental health needs. This includes managers and decision makers as well as those directly involved in meeting the mental health needs of men.

### Aims & Objectives

To support gender informed practice in staff working with men who have mental health needs, to increase their:

- Understanding and knowledge of the impact of gender and other inequalities, on:
  - men's mental health,
  - men's pathways to services
  - service responses to men
- Confidence and creativity in using this knowledge to inform their work with men
- Compassion and respect for male patients/clients
- Enthusiasm for promoting better services for men

### Outline

The course has places for up to 16 participants and is provided at the venue of your choice. The day normally begins at 9.30 am and finishes at 4.30pm, with a break for lunch between 12.30 and 1.30pm.

### Programme

Handouts and other resources support the programme which consists of six modules:

1. Gender Matters
2. Gendered Causes of Distress
3. Pathways and Service Responses
4. Recognising and Responding to Men's Distress
5. Gender Informed Practice
6. Gender Informed Service Development

### Training Methods

These include: reading packs; short presentations of information supported by handouts; DVD clips and extracts; safe opportunities for participants to draw upon their own lives and work based experience; paired and small group work; and large group discussions.

### About the Trainers

Courses are delivered by accredited members of the Inequality Agenda Trainers' Network, experts in the field who ensure that our programmes really work. Our trainers all have up-to-date knowledge of research, policy and practice.

### Costs

This 3-day course costs £4300 + VAT. This includes all expenses, course materials, attendance certificates for participants and an 'immediate impact' evaluation report for service managers.